

TRAVERSE WALL ACTIVITY: “MIRROR, MIRROR”

STUDENTS MIRROR THE ACTION OF THEIR PARTNER ON THE CLIMBING WALL.



THE ACTIVITY:

Begin by dividing your class into two-person teams. One member of the “team” will be the leader, the other one the follower. Only one team is to be on the wall at a time while the remaining teams observe and encourage the climbers. The follower is positioned at least one arm’s length away from the leader. Upon instructions from the teacher, the team mounts the wall and the leader make an initial move on the wall. The follower attempts to imitate the leader’s actions as much as possible. (The follower should be careful to always maintain the suggested arm’s length spacing). Students can be encouraged to practice moves that are challenging, yet realistic for successful replication.

When appropriate, the teacher will instruct the climbers to change roles; therefore, the leader becomes the follower and the follower becomes the leader.